

A woman with dark hair pulled back, wearing a white hospital gown with a small blue floral pattern, stands in a clinical setting. She has a calm expression and is looking directly at the camera.

“I thought
breast cancer was
the only thing
women had to
worry about.”



As if breast cancer weren't scary enough, I learned that as a woman, I'm at risk for bone loss and even heart disease, which causes more deaths in women than breast cancer. So now I get annual screenings, and I can relax.

Live Like Your Life Depends On It.